

# BREAKFAST DRINKS

CAPPUCCINO

LATTE

FLAT WHITE

AMERICANO

ESPRESSO

HOT CHOCOLATE

MUG OF TEA

FRUIT TEA

(Earl Grey, Green Tea, Peppermint,  
Lemon & Ginger and Cranberry & Raspberry)

ORANGE OR APPLE JUICE

## ALLERGEN KEY

**A** Gluten / **B** Crustaceans / **C** Eggs / **D** Fish  
**E** Peanuts / **F** Soya beans / **G** Milk / **H** Nuts  
**I** Celery / **J** Mustard / **K** Sesame / **L** Sulphites  
**M** Lupin / **N** Molluscs



## GUEST BREAKFAST MENU

### Do you have a Food Allergy or Intolerance?

Each dish on our menu is coded with potential allergen ingredients.  
Please refer to the "ALLERGEN KEY" for what each letter stands for.  
If you are unsure, then please ask a crew member for advice.



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## COOKED BREAKFASTS

### ENGLISH BREAKFAST

Bacon, sausage, fried egg, beans, tomato, mushrooms, hash brown and toast (A,C,F,G,L)

### VEGETARIAN BREAKFAST

2 Quorn sausages, fried egg, mushrooms, tomato, beans, hash brown and toast. (A,C,F,G) **V**

### VEGAN BREAKFAST

Mushrooms, tomato, hash browns, beans, guacamole and toast (A,F) **VE**

## AMERICAN STYLE PANCAKES

### Smoky Bacon & Maple Syrup

drizzled with Bukwud Canadian Maple Syrup (A,C,G,L)

Summer Berry Compote & Greek Yoghurt (A,C,G) **V**

Bananas & Chocolate Sauce (A,C,F,G) **V**

## FRESH FRUIT SALAD **VE**

**GF** | GLUTEN FREE  
**GFO** | GLUTEN FREE OPTION  
**V** | VEGETARIAN  
**VE** | VEGAN | **VEO** | VEGAN OPTION

## BREAKFAST FLOURED BAPS

BACON & EGG FLOURED BAP (A,C,F,G)

SAUSAGE & EGG FLOURED BAP (A,C,F,G,L)

BACON FLOURED BAP (A,F,G)

SAUSAGE FLOURED BAP (A,F,G,L)

BACON & SAUSAGE FLOURED BAP (A,F,G,L)

## TOAST

BEANS ON TOAST (A,F,G) **V**

SCRAMBLED EGGS ON TOAST (A,C,F,G) **V**

POACHED EGGS ON TOAST (A,C,F,G) **V**

TOAST & JAM (A,F,G) **V**

## BREAKFAST CEREALS

### CHOICE OF CEREALS **V**

(Cornflakes, Crunchy Nut, Rice Krispies, Coco Pops, Fruit & Fibre and Alpen)

Please see pack for allergen information

Please choose either farmhouse white or farmhouse malted wheat bread for your toast.  
Gluten free bread rolls area available upon request

### ALLERGEN KEY

**A** GLUTEN / **B** CRUSTACEANS / **C** EGGS / **D** FISH / **E** PEANUTS / **F** SOYA BEANS  
**G** MILK / **H** NUTS / **I** CELERY / **J** MUSTARD / **K** SESAME / **L** SULPHITES  
**M** LUPIN / **N** MOLLUSCS